

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mackens Vicky HEADCOACH

Coaches: Claes Steven

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+				Heat:9, starttime: 09:09	
Heat: 9/12 Lane : 1 Athlete: SEGHERS MICHIEL				Q-time: 00:59:87	
PB (50m pool): 00:59.08 Antwerpen 28/07/2024				PB (25m pool): 00:58.08 SB: 01:00.11 Zwembad Brigitte Becue 26/04/2026	
	5 0 M	1 0 0 M			
PB	no time	00:59.08			
	no time				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:1, starttime: 09:15	
Heat: 1/16 Lane : 3 Athlete: FRANCKX MARGAUX				Q-time: 00:35:27	
PB (50m pool): 00:35.27 Antwerpen 13/07/2025				PB (25m pool): 00:34.32 SB: 00:35.40 Antwerpen 15/03/2026	
	5 0 M				
PB	00:35.27				
	00:35.27				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:14, starttime: 09:36	
Heat: 14/16 Lane : 8 Athlete: CIOBANU ANASTASIA				Q-time: 00:31:72	
PB (50m pool): 00:31.72 Antwerpen 17/05/2026				PB (25m pool): 00:31.38 SB: 00:31.72 Antwerpen 17/05/2026	
	5 0 M				
PB	00:31.72				
	00:31.72				
					

Coach feedback:

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Event number: 5: 200M BREASTSTROKE WOMEN 15+				Heat:5, starttime: 10:23	
Heat: 5/9 Lane : 1 Athlete: VAN DER MEEREN LOTTE				Q-time: 02:53:32	
PB (50m pool): 02:53.32 Antwerpen 27/07/2025				PB (25m pool): 02:50.41 SB: 02:55.56 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.80	01:23.41	02:08.86	02:53.32	
	00:38.80	00:44.61	00:45.45	00:44.46	
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:10, starttime: 11:57																													
Heat: 10/13																				Lane : 4					Athlete: CIOBANU ANASTASIA										Q-time: 00:27:58				
PB (50m pool): 00:27.58										Antwerpen 27/07/2025										PB (25m pool): 00:27.14										SB: 00:27.95					Antwerpen 17/05/2026				
		5 0 M																																					
PB		00:27.58																																					
		00:27.58																																					
																																							

Coach feedback: